COMMIT TOGETHER

A PRACTICAL GUIDE TO
RECLAIMING DEMOCRACY

PEOPLE.
IDEAS.
ACTION.
A STRONGER
TOMORROW.

From Concern to Contribution



Turn what you care about into one action you will actually take.

You don't have to fix everything. You just have to find your way in. This simple worksheet will help you go from concern to real-world impact.

1 MY ISSUE

What do I care about?

Think about an issue that matters to you — something you want to see change or protect.

My issue is:

_____

2 MY ORGANIZATION

Where can I make a difference?

Think about an organization whose work aligns with your values. Use the Find an Organization You Can Trust resource to explore your options.

The organization I want to explore or work with is:

_____

3 WHAT CAN I BRING?

You have something to contribute.

Everyone has skills, experiences, and resources that can help. Check all that apply.

- ☐ **Time** – volunteer, attend events, show up regularly
- ☐ **Skills** – professional expertise, creative skills, research
- ☐ **Voice** – raise awareness, talk to friends and family
- ☐ **Money** – donate, fundraise, support financially
- ☐ **Connections** – introduce others, open doors
- ☐ **Experience** – lived experience, leadership, insights

4 MY NEXT ACTION

Choose one. Not five. One.

You've identified your issue, an organization, and what you can bring. Now choose one meaningful action.

My next action is:

_____

I will do it by: _____

_____

Who or what can help me get started?

_____

"Concern becomes contribution when we act on what we care about."

You're on your way.

You don't need to do everything.
You just have to take one step.

It's not apathy. It's navigation.



A MORE ENGAGED
A MORE INCLUSIVE
A BRIGHTER TOMORROW.

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